



FRANCESCO AREZZO
RI PRESIDENT 2025-26



Dr. Kameswar Singh Elangbam
DIST GOVERNOR 2025-26



DR SAIDA PARVEEN
President 2025-26



Rtn.Dr. Sujan Sarkar
Secretary 2025-26

Service

President : Rtn DR Saida Parveen

Secretary : Rtn.Dr. Sujan Sarkar

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Volume : 2025-26

Issue : 13

Date : 25-09-2025



Rtn. Binoy Kumar Pathak
Editor RY 2025-2026

Editorial

Very Good Evening Rotarians,

Juvenile Mental Health is a critical aspect of a child's overall well being, playing a significant role in their development, relationships, and future success. Mental health issues can affect any child regardless of his background or circumstances.

Approximately 32% of 13 to 18 years olds experience anxiety disorders characterised by excessive worries, fears or anxiety. About 13% of 12 to 17 year olds experience depression, a mood disorder marked by persistent feelings of sadness, hopelessness or loss of interest in activities. Around 2.7% of 10 to 14 year olds and 2.2% of 15 to 19 year olds experience Attention Deficit Hyperactivity Disorder (ADHD), marked by a neurodevelopmental disorder affecting attention, impulse control and hyper activity. Abnormal eating disorders may also lead to Anorexia nervosa and Bulimia nervosa leading to severe physical and emotional consequences.

The changes in mood, behaviour or appetite, withdrawal from social activities, loss of interest in hobbies, difficulty in sleeping or concentrating, increase in irritability or anxiety, self harm or suicidal thoughts are some of the signs and early warnings of the offsetting of mental disorder in the juveniles.

Early detection and intervention can prevent aggravation and long term permanent consequences. This group needs fostering of strong connections with family members, friends and community, regular physical and mental exercises, balanced diet, sufficient sleep, and love and care of the peer group. The institutions in the field of education should start teaching skills to cope with stress management, problem solving, and emotional regulation. The early identification may be accelerated by taking help of agencies dedicated to intervention and treatment skills in this area. Primary concerns may be raised by the family members, peer group members, friends, teachers, community members and all those who observe the juvenile and has an impression that juvenile is losing the positive approach in the development field, behavioral field, or attitudinal field. The treatment should start early for good results. It requires help of all concerned for good of the juvenile but of course it begins with cordial family interaction followed by the treatment.



Proceedings of 3299th Regular Weekly Meeting of Rotary Club of Burdwan held on 18.09.2025 at 7.00 p.m. at Rotary Bhaban, Borehat, Burdwan.

President Rtn. Dr Saida Parveen called the meeting to order.

Members sang 'National Anthem'.

Object of Rotary was recited by PP Rtn. Goutam Tah.

PP Rtn. Arvind Khandelwal read over the 4-way test.

Proceedings of 3298th Regular Weekly Meeting circulated among the members were confirmed.

Presidential announcement: President announced that Rtn. Dr. Sujan Sarkar would be the Hony Secretary for the rest of the Rotary year and PP Rtn. Ashok Saraogi offered lapel pin of Hony Secretary to Rtn. Dr Sujan Sarkar.

On 11th September our club celebrated Teacher's day inviting renowned teachers around us. It was a unique project.

On 12th September our President Rtn. Dr Saida Parveen and other members attended the inauguration ceremony at Harijan F.P. School. The District authorities has kindly sanctioned grant from RID-3240 Foundation to complete the project at the said school. The project has now completed.

Nominating committee will be formed in the next RWM.

Today our club is going to felicitate the teachers with NBA award.

The programme is now being conducted by PP Rtn. Nilendu Saha Sikdar and Rtn. Priya Mukherjee.

PP Rtn. Nilendu Saha Sikdar delivered a short speech stating significance of NBA award. Today's chief guest was Dr. Mousumi Banerjee, Principal, Burdwan Medical College and Hospital.

The following teachers were awarded with NBA.

1. Sri Abhijit Ghosh, Asstt. Teacher, Burdwan Municipal High School
2. Sri Arup Kumar Saha. Asstt. Teacher, Burdwan Railway Vidyapith
3. Dr. Saswati Chattopadhyay, Asstt. Headmistress, Bharati Balika Vidyalaya
4. Smt. Suparna (Sen) Mondal, Asstt. Teacher, Krishnapur High School
5. Rinku Koley Pathak, Asstt. Teacher, Udaypalli Sikshaniketan High School
6. Rumpa Das, Asstt. Teacher, Bijoybati F.P. School
7. Shampa Mukherjee, Asstt. Teacher, Burdwan CMS High School (Morning)
8. Anup Kumar Datta, Asstt. Teacher, Kanchannagar D N Das High School
9. Dr. Utpal Adhikari, Asstt. Teacher, Ajhapur High School

A group photo was taken to the awardees along with our club members.

Rtn. Dr Sujan Sarkar offered vote of thanks.

PP Rtn. Jaya Pabi made the following fellowship announcements.

Birthday of 1) PP Rtn. Goutam Tah on 18th Sept. 2) Rtn Priya Mukherjee on 2nd Sept.

Members wished many more happy returns of the day.

Rtn. Deb Kumar Bhattacharjee made the Sgt.-At-Arms report as follows.

Total members ...83, Members present...40. Guest 14

The meeting was adjourned.

President.



RWM



Nation builders are felicitated by club





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